

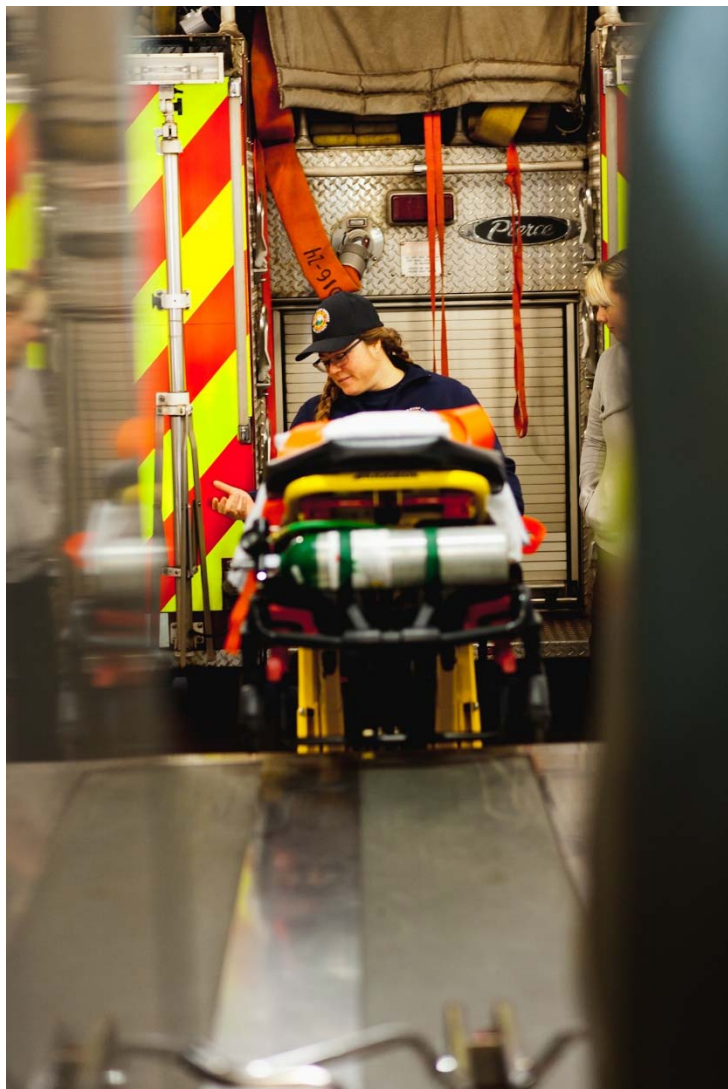
Sisters-Camp Sherman Rural Fire Protection District **2018 Annual Report**



Training burn held in January 2019

"Protecting life and property through quality service"





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www.sistersfire.com

Words from the Fire Chief

It is an honor to present the Sisters-Camp Sherman Fire District's (District) 2018 annual report. This report provides an overview of how the District is governed, current staffing levels, services provided, annual budget information and significant achievements for the year. The report is also designed to recognize the incredible people that dedicate their life to serving the residents of our community.

2018 was a busy year for the District with multiple wildfires threatening our neighboring fire districts. Wildfires destroyed multiple homes and outbuildings in the Cloverdale Fire District and Lake Chinook Fire Districts. The District responded to wildfires on the Warm Springs Indian Reservation. In addition to assisting our local neighbors, the District responded to a statewide mobilization of resources to the Substation Fire South of The Dalles, Oregon. The District also sent personnel and equipment to California in November to assist with the Camp Fire in Paradise, California. The Camp Fire ultimately became California's most deadly wildfire taking the lives of 86 residents and destroying most of the town of Paradise.

In addition to assisting our neighboring agencies, the District responded to 1163 emergency incidents within our District in 2018, down slightly from the year before. 74 percent of the requests for assistance were for medical emergencies. Local residents also seek medical care at the fire station. 128 people sought medical evaluation and treatment at the fire station on Elm Street in 2018. This was a significant increase from the year before and affirms the role the District plays as a community health care provider.

The District continues to plan and prepare for future challenges. The District hosted active threat training exercises at the Sisters School District in 2018. The District also completed facility upgrades at the Elm Street fire station which will provide emergency power during long term power outages. The District received a federal grant to hire a Volunteer Recruitment and Retention Coordinator in 2018. The position is entirely grant funded and will coordinate volunteer recruitment and retention activities for the District as well as Cloverdale and Black Butte Ranch Fire Districts.

Lastly, I would like to recognize the incredible people who make the District such a special place to work or volunteer. The District fosters an open and welcoming environment for a diverse range of employees and volunteers who all contribute in unique ways. From the Board of Directors, appointed committees, career Firefighter Paramedics, Volunteer Firefighters / EMT's, Fire Corps members, Sisters High School students and Administrative Staff, everyone is dedicated to serving the Sisters Community with the highest level of dedication and professionalism.

Roger Johnson
Fire Chief

Governance

Board of Directors

Position 1: Heather Johnson
Position 2: Roger White
Position 3: Jack McGowan (Secretary)
Position 4: Chuck Newport (President)
Position 5: Bill Rainey (Vice President)

Term Expires

June 30, 2021
June 30, 2021
June 30, 2021
June 30, 2019
June 30, 2019



The Board of Directors is responsible for setting District policy, approving the annual budget, and conducting long range planning.

The Board of Directors holds regular monthly meetings the third Tuesday of each month at 5:00 pm.

Pictured from left to right: Director McGowan, Director Johnson, Director Rainey, Director White and President Newport.

Budget Committee

Term Expires

Connie Dingeman

June 30, 2019

Ken Jones

June 30, 2019

Russ Morrison

June 30, 2018

Chris Tosello

June 30, 2018

Jeff Tryens

June 30, 2018

The Budget Committee consists of the Board of Directors and five (5) citizen members. The Budget Committee is responsible for approval of the annual budget document.

Civil Service Commission

Term Expires

Sheryl McLaughlin

June 30, 2022

Russ Morrison

June 30, 2022

Ken Jones

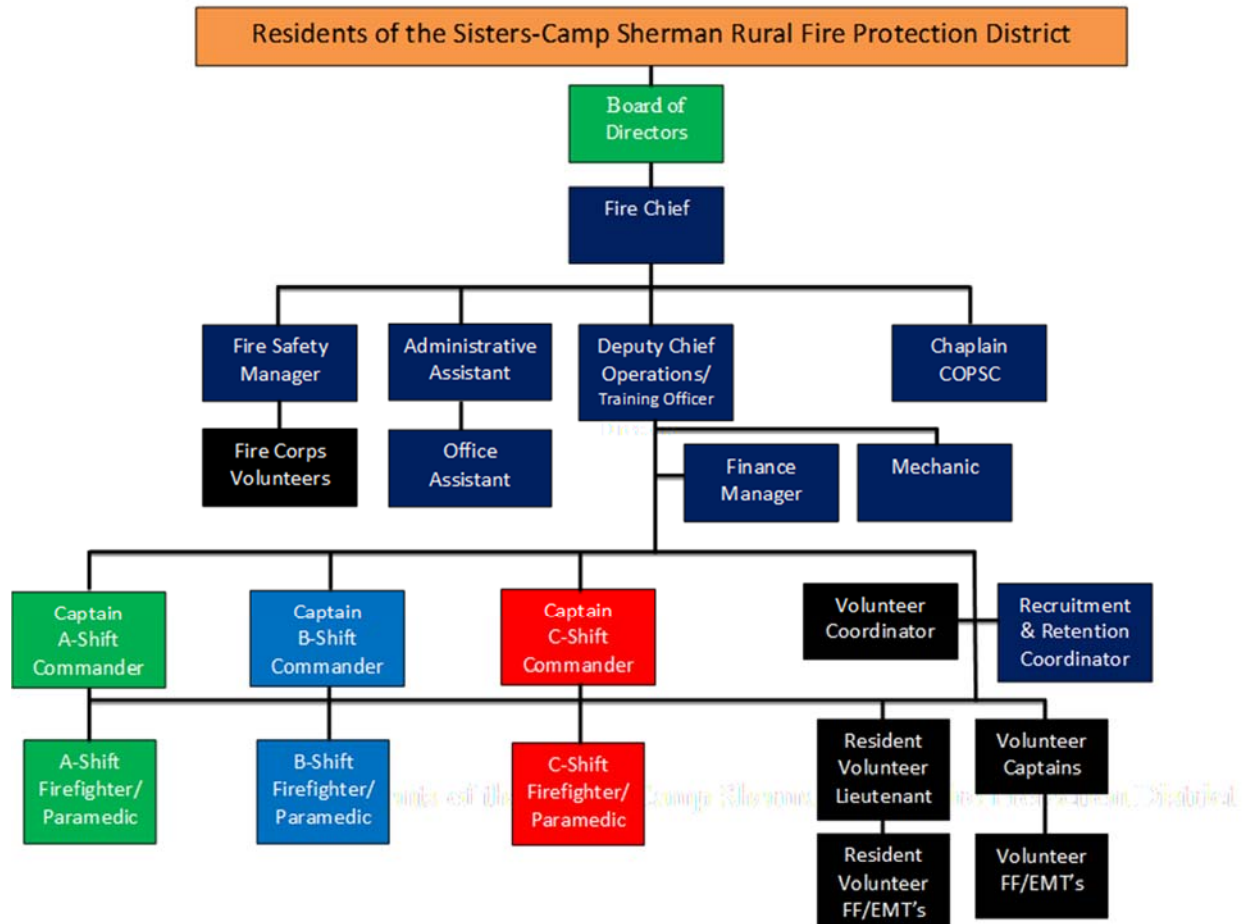
June 30, 2022

The Civil Service Commission is made up of three citizens of the District who are not members of the Board or employees of the District. They are independent individuals appointed by the Board for an uncompensated term of four (4) years.

Primary responsibilities include working cooperatively with the Board of Directors and Fire Chief to maintain a current list of all classifications and grades of Civil Service positions within the District, overseeing proper administration of all Civil Service exams, maintaining a current database of all employees holding Civil Service positions within the District, and adopting and overseeing proper administration of the Rules relating to conducting Civil Service exams, appointments, promotions, demotions, transfers, reinstatements, suspensions, and discharges for Civil Service positions.

Two meetings were held in 2018 to amend a rule and approve entrance and promotional registers for two positions.

Organization Chart

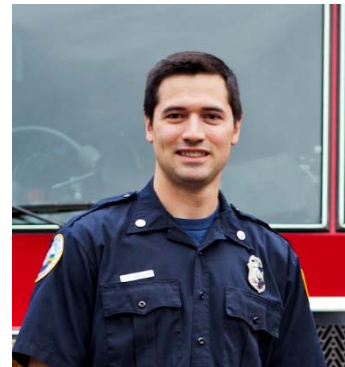


Personnel

The Sisters-Camp Sherman Fire District is a combination career and volunteer fire department which blends a 24-hour career staff with volunteers who are ready 24/7 to assist in any emergency.

Administrative Staff

Fire Chief	Roger Johnson
Deputy Chief of Operations	Tim Craig
Fire Safety Manager (P/T)	Doug Green
Administrative Assistant	Julie Spor
Finance Manager (P/T)	Kay Johnson
Office Assistant (P/T)	Sarah Bialous
Recruitment/Retention Coord. (P/T)	David MacKenzie



Firefighter/Paramedic Cody Meredith earned the Career Firefighter of the Year Award.

Career Staff



Firefighter/Paramedic Dave Keller earned his National Fire Academy Managing Officer Certification.

'A' Shift

Thornton Brown	Shift Commander
Cody Meredith	Engineer/Paramedic
Pat Burke	Engineer/Paramedic

'B' Shift

Rob Harrison	Shift Commander
Matt Millar	Engineer/Paramedic
Damon Frutos	Engineer/Paramedic

'C' Shift

Jeremy Ast	Shift Commander
Dave Keller	Engineer/Paramedic
David Ward	Engineer/Paramedic

Other Personnel

Tom Ward	Mechanic (P/T)
Jeff Liming	Volunteer Coordinator (P/T)

Our Awesome Volunteers!

The District relies heavily on its volunteers including Resident Volunteers and Fire Corps members. The following is a list of our volunteers as of December 31, 2018.

Firefighting & Firefighting/EMS Volunteers

Ken Ammann	John Failla	Cait Lucia
Landon Bender	Ryan Fisher	Scott Michalek
Andrew Blake	Sarah Ford	Brett Miller
Lauren Bodeman	Jessica Haury	Dave Moyer, Captain
Travis Bootes	Bill Hayes	Doug Myers
Luke Boskovich	Tom Haynes	Andres Nieto
Angel Cisneros-Thorsvold	Ted Hinrichs	Alexa Peterkin
Sean Cook	Steve Huffman	Melody Reilley
Roy Dean	Ron Ketchum	Mike Terwilliger
Dominic Dertorossian	Rick Kroytz	Steve Ward, Captain
Ben Duda	Jeff Liming, Captain	Dave Wellington, Captain

EMS Only Volunteers

Sophie Andrews	Ben Pope	Phyllis Williamson
Dave Blann	Rita Hodge	Tom Williamson
Barbara Haynes		

Resident Volunteers

Rachelle Beiler	Nick Otasu	Cade Wolverton
Christi Davis	Andrew Pace	
Avery Deutz	Tyler Smith	

Fire Corps/Prevention Volunteers

Gail Butler	Retha Lange	Rick Retzman
Chris Carr	Charlene Leep	Les Schell
Chris Drew	Marjorie Lombardo	Bruce Shaull
Philip Drew	Marcel Luz	Larry Stuker
David Gentry	Marsha Marr	Martha Stuker
Rick Gillaspie	Kirk Metzger	Lois Wilson
Beverly Halcon	Heather Miller	Jay Wymer
Ernie Halcon	Nick Newport	Katie Yates
Barbara Holm	Dave Parman	

Financial Overview

The Sisters-Camp Sherman Rural Fire Protection District is a special district operating under Oregon Revised Statutes Chapter 478 as a separate municipal corporation and is managed by a Board of Directors composed of a President and four Directors. The Board employs the Fire Chief to manage the day-to-day operations of the District.

The District receives over 78% of its annual revenue through assessed property taxes with an operating levy of \$2.7317 per thousand of taxable assessed value. Additional funding sources include fees for services including ambulance revenues.

2017/18 Actual Revenue Summary

Property Taxes	\$2,521,788
Fees for Service	\$ 419,951
Interest Income	\$ 50,710
Grants	\$ 4,357
Other	<u>\$ 280,315</u>
Total 2017/18 Actual Revenue	\$3,277,121

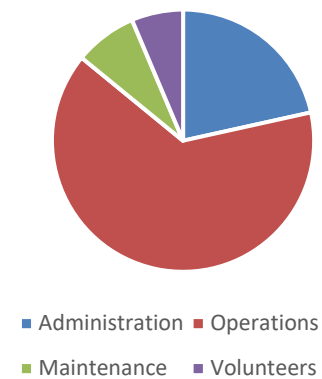
2017/18 Actual Expenditures Summary

Administration	\$ 595,454
Operations	\$1,780,089
Maintenance	\$ 213,386
Volunteers	<u>\$ 176,120</u>
Total 2017/18 Actual Expenditures	\$2,765,049

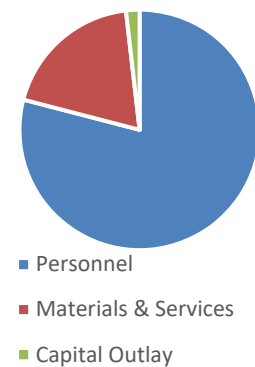
2017/18 Actual Expenditure Breakdown

Personnel Services	\$2,185,920
Materials and Services	\$ 528,740
Capital Outlay	<u>\$ 50,389</u>
Total 2017/18 Actual Expenditure	\$2,765,049

Actual Expenditures by Department



Actual Expenditure Breakdown



The District has a fundamental philosophy of funding its programs, including capital outlay programs, through the use of General Fund dollars whenever possible. In keeping with that philosophy, the District has set aside Reserve Funds and created equipment replacement and building maintenance plans to ensure the future financial stability of the District. Also, because tax funding arrives during the month of November, the District must have a beginning fund balance to cover operating costs from July through October.



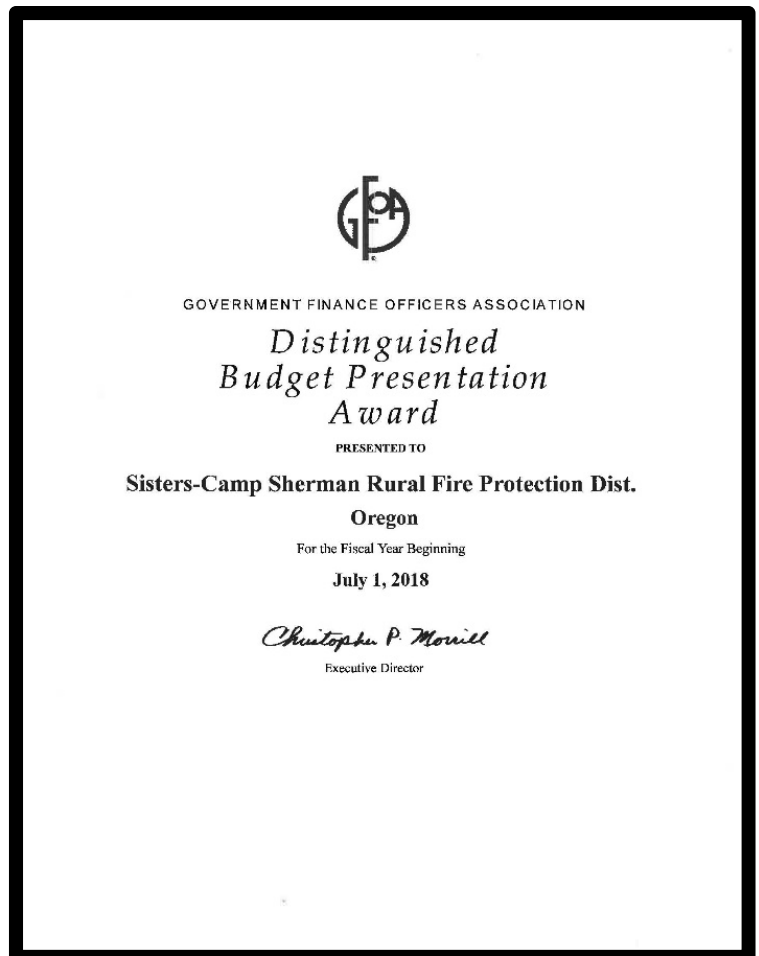
Ending Fund Balances – June 30, 2018

General Fund	\$1,713,231
Employment Reserve Fund	\$ 604,249
Equipment Reserve Fund	\$ 664,607
Building Reserve Fund	\$ 98,830
Technology Reserve Fund	\$ 0
Debt Service Fund	\$ 106,092

Total Fund Balances 6/30/18 \$3,189,009

The District received the Distinguished Budget Presentation Award from the Government Finance Officers Association (GFOA) for its third year in a row. The Distinguished Budget Presentation Award is the highest award in governmental budgeting. Sisters-Camp Sherman Fire District is one of only a handful of fire districts in Oregon who have received the award in 2018.

In order to receive the budget award, the District had to satisfy nationally recognized guidelines for effective budget presentation. The guidelines are designed to assess how well the District's budget serves as a policy document, a financial plan, an operations guide and a communications device. The budget document must be rated "proficient" in all four categories, and the fourteen mandatory criteria within those categories to receive the award.



Annual Financial Comparisons

(In Thousands)

REVENUE	2014/2015	2015/2016	2016/17	2017/18
Property Taxes	2,202	2,320	2,405	2,522
Ambulance Revenue	258	369	399	390
FireMed Membership	24	18	19	16
Other	20	74	52	349
Total Revenue	2,504	2,781	2,875	3,277

EXPENDITURES	2014/2015	2015/2016	2016/17	2017/18
Personnel	1,747	1,787	1,871	2,186
Materials/Services	478	474	536	529
Capital Outlay	273	62	65	50
Contingency	0	3	0	0
Total Expenditures	2,498	2,325	2,472	2,765

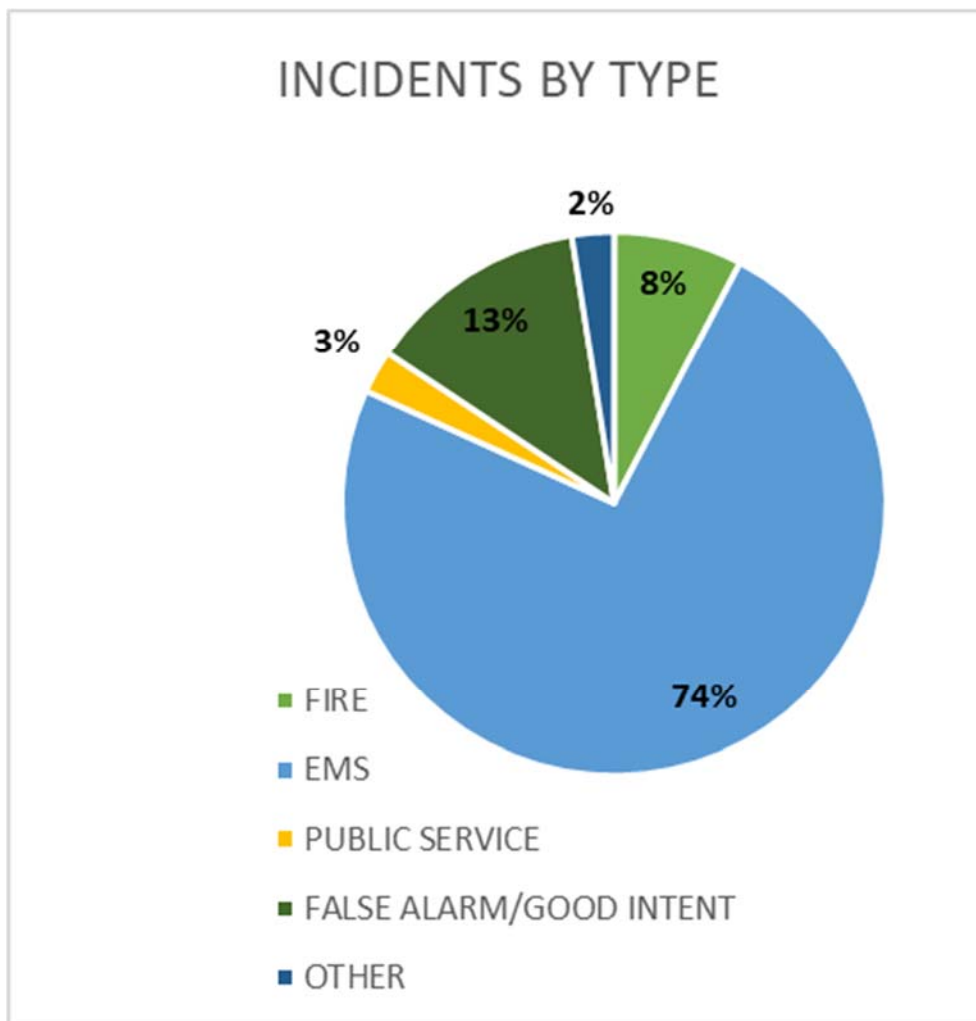
	2014/2015	2015/2016	2016/17	2017/18
Change in Fund Bal	6	455	325	286
Beg Fund Balance	1,995	2,001	2,456	2,781
End Fund Balance	2,001	2,456	2,781	3,066

	2014/2015	2015/2016	2016/17	2017/18
General Fund	1,539	1,747	1,708	1,704
Employment Reserve	37	84	139	604
Equipment Reserve	324	497	668	665
Building Reserve	94	119	257	94
Technology Reserve	7	9	9	0
End Fund Balance	2,001	2,456	2,781	3,066

2018 Call Response

Three work shifts are staffed by a Shift Commander/Paramedic and two career Engineer/Paramedics. All year, resident volunteers work 48-hour shifts with 96 hours off. Additional staffing needs are met by District volunteers.

During 2018, the District responded to 1,163 emergencies including 89 fire-related calls, 862 EMS related calls, 30 public service calls, 153 false alarm/good intent calls and 29 other calls. Emergency call volume is down about 1.5% from last year. Patients who sought treatment at the main fire station totaled 128 for 2018. The District responded to 220 back-to-back incidents. Back-to-back incidents occur when a second incident is dispatched prior to the completion of the first incident.



Training

Training is an important component to our Fire District and the safety of our employees and volunteers. Volunteer drill was held on Tuesday nights at 7 pm every week. Additionally, career staff and volunteers trained throughout the year in order to earn new certifications and keep up on current certifications. Nineteen volunteer certifications were earned in 2018.

TRAINING HOURS

	2014	2015	2016	2017	2018
Volunteer	2796	4469	4524	5538	5510
Career	345	2619	1885	2834	2729

ALS SKILLS TRAINING

In April 2018 the District held an Advance Life Support (ALS) skills verification training. 10 District Paramedics participated in this training. Outside instructors are brought in for this important training which recertifies our Paramedics for a two-year cycle.



ACTIVE THREAT DRILL

In May 2018 the District participated in a multi-agency Active Threat training at the Sisters High School. Over 50 fire/ems and law enforcement responders received invaluable training. Fire Corps volunteers provided logistical support.

UK EXCHANGE

The District hosted four Hampshire Fire and Rescue firefighters from the United Kingdom in its fourth year of an exchange program. Additionally, two Sisters Fire members were sent to the United Kingdom to learn different methods of fire suppression and rescue techniques.



WOMEN'S EMERGENCY SERVICES DAY

In April the District held its first ever Emergency Services Day for Women camp. We had 8 participants take place in the activities of the day including: tour of facilities, turnout drill, ropes and knots, fire extinguisher basics, hands-only CPR, a mock cardiac call to dispatch, fire shelter training and more. The ladies got to enjoy a nice lunch that the duty crew prepared for them.



RESIDENT VOLUNTEERS

The District has 7 Resident Volunteers as students training in the fire and/or EMS programs at Central Oregon Community College. These volunteers live at the fire station, work a shift and train while attending school.

SISTERS HIGH SCHOOL FIRE & EMS CLASS

Heather Johnson teaches a Fire & EMS class at the Sisters High School with help from Sisters Fire volunteer Captain Dave Wellington and Cloverdale Fire Training Officer Michael Valoppi. Students learn about the many career opportunities in the emergency services industry and basic first aid and firefighting skills. In 2018, the class included 21 students. 2018 was the 6th year of the program.



Group of High School Fire & EMS students at a training burn

Emergency Medical Services

The Sisters-Camp Sherman Fire District is similar to most modern fire departments in that the majority of 911 emergency calls are for a medical emergency. In 2018, 74% of all emergency 911 calls received were for a medical emergency. All Sisters-Camp Sherman career firefighters are also paramedics. Many volunteer firefighters and administrative staff are also certified as paramedics or emergency medical technicians.

The following is a breakdown of emergency response personnel and level of certification in 2018:

Paramedic	15
Emergency Medical Technician	18
Emergency Medical Responder	5
CPR/First Aid only	<u>9</u>
Total Emergency Response Personnel	47

All District emergency medical personnel provide medical care within the framework of standard medical protocols. District personnel also work under the direction of a licensed emergency physician called the Physician Advisor. Dr. Rosenberg is the District's Physician Advisor for 2018. Dr. Rosenberg is also an Emergency Room Physician for St. Charles Medical Center in Bend.

Emergency medical personnel receive annual training to maintain certification levels and also receive specialized training in high risk / low frequency interventions. In 2018 all District paramedics attended Advanced Cardiac Life Support training. Additionally, staff and volunteers participated in a Stop the Bleed training and Advanced Cardiac Life Support Experienced Provider training.



Below is a listing of the most frequent types of medical calls and the number of calls received in 2018. Many of these calls result in a transport to St. Charles Medical Center in Bend or Redmond.

2018 Emergency Medical Calls

<u>Call Type</u>	<u># of Calls</u>
Chest Pain	144
Respiratory Distress	100
Altered Mental Status	96
Weakness	92
Syncope (Fainting)	72



Cardiac arrest is not listed as one of the most frequently occurring types of medical calls but it often is the most catastrophic. If CPR is not initiated shortly after the heart stops beating, the chances of survival diminish greatly. Also important to the chances of survival is having access to an Automatic External Defibrillator (AED) and rapid advanced life support ambulance response. The District actively promotes installation of AED's within the community and provides low cost community CPR training. The following chart shows the number of cardiac arrests in the greater Sisters area for the past four years.

Cardiac Arrests in Sisters:

2015	2016	2017	2018
6	14	10	14

Membership programs:

The District participates in the FireMed ambulance membership program which provides coverage if residents are transported to the hospital by ground ambulance. Membership provides coverage in over 64,500 square miles of Oregon. In addition to ground transport membership programs, two air ambulance companies provide transport by rotary or fixed wing aircraft for critically injured or sick patients. Life Flight Air Ambulance and Air Link Air Ambulance both operate within Deschutes and Jefferson Counties and offer membership programs. The vast majority of medical patients are transported by ground ambulance.

Ambulance Transports by Type:

Transport Type	2015	2016	2017	2018
Ground Ambulance	404	509	496	472
Air Ambulance	16	13	11	7
Total Transports	420	522	507	479



Wildfires

Sisters Country was spared from any major wildfires in 2018. Staff and Volunteers did respond to several small brushfires throughout wildland fire season, and as mutual aid to a 74-acre brushfire in Cloverdale Fire District (the Rabbitbrush Fire), but no major conflagrations were enacted within or near the District.



CONFLAGRATIONS

The Emergency Conflagration Act gives the Oregon Office of State Fire Marshal authority to mobilize local structural firefighting resources in response to fire, a heightened danger of fire or a significant reduction in available firefighting resources. Conflagrations are invoked only by the Governor and allows the State Fire Marshal to mobilize firefighters and equipment from around the state.

There were ten fire mobilizations in Oregon in 2018 and one in California. Statistics from Oregon's 2018 fire season include:

- 8,534 structures threatened
- 10 residences consumed by fire
- 372 structural engines
- 1,048 firefighters
- 223,228 acres burned

The percentage of residences saved was 99.58%.

Sisters Firefighters (both career and volunteer) participated in three deployments including the Camp Fire in Paradise, California; the Graham Fire near Lake Billy Chinook and the Substation Fire near The Dalles.

The Graham Fire Conflagration:

Deschutes County (Lake Billy Chinook, Three Rivers Subdivision)

Dates: 06/21/2018-06/24/2018

- 204 structures threatened
- 2 residences consumed by fire
- 99% of residences saved
- 26 structural engines
- 70 firefighters
- 46 Oregon fire agencies



Firefighters Meredith and Bootes working on the Graham Fire.



Day 1 of Graham Deployment.

The Substation Fire Conflagration:

Wasco and Sherman County (The Dalles, Dufur & Grass Valley)

Dates: 07/17/2018-07/22/2018

- 1,363 structures threatened
- 2 residences consumed by fire
- 99.8% of residences saved
- 66 structural engines
- 195 firefighters
- 80 Oregon fire agencies



Captain Harrison and Lt. Beiler mopping up on the Substation Fire.



Fire near the river.

The Camp Fire Conflagration:

Concow, Town of Paradise, Magalia, Butte Creek Canyon, Butte Valley

Dates: 11/08/2018-11/25/2018

- 13,972 residences consumed by fire
- 528 commercial structures consumed by fire
- 74 structural engines, 3 tenders
- 1,065 firefighters
- 15 Oregon Strike Teams



Firefighters Bootes and Millar clearing access roads on the Camp Fire.



Firefighters holding line during firing operation, Division D.

2018 Accomplishments

1. Construction Projects

- Camp Sherman Station 704 remodel complete;
- Completed upgrade of wiring to the generator at Station 701;
- Fall protection was added to roofs of Station 701, 703 and 704.

2. New Firewise Communities

Two new Firewise Communities, Trout Creek Village and Clear Pine subdivisions were added in 2018 in Sisters Country.

3. Resident Volunteer Lieutenant

Rachelle Beiler was promoted as the District's first female Resident Volunteer Lieutenant.



4. Era of Megafires

The Fire District co-sponsored a presentation by Dr. Paul Hessberg, a Research Ecologist with the Pacific Northwest Research Station, US Forest Service on wildfire's natural role in our local forests.

5. Employment Changes

Two new employees were added to the District's administrative staff: a part-time Volunteer Recruitment and Retention Coordinator was hired through FEMA SAFER grant funds and the District hired a part-time Office Assistant.

6. CPAW Program

The City of Sisters was chosen as one of four communities in the country to participate in the Community Planning Assistance for Wildfire (CPAW) program. CPAW is a grant-funded program providing communities with professional assistance to integrate wildfire mitigation into the development planning process. The year-long project culminated in four recommendations that were unanimously adopted by Sisters City Council to increase wildfire resiliency within the City.

7. New Radios

The District participated in a grant application, through FEMA, with other Central Oregon fire service agencies to purchase new vehicle-mounted and handheld portable radios that are compatible with new technology installed by the Deschutes 911 Service District. The current radio system is rapidly becoming obsolete. The grant provided the District with the necessary equipment to function on the new, more reliable, system. The build out of the new system also provides improved radio coverage in areas that had spotty, or nonexistent coverage on the old system. It is anticipated that the new system will be fully operational in June of 2019.

8. New Programs

The Fire Prevention division added several new programs during 2018 including a Senior Health Fair, Fire of Life Program, Matter of Balance Classes and Home Safety Program. Each of those programs are part of the Senior Safety Program which was established in 2017.

The Fire Corps also added a Bike Safety Event with hopes to continue that program annually.



9. Engine Company Business Fire & Life Safety Program

Career staff are tasked with visiting local businesses in an ongoing effort to provide fire safety information and suggestions as well as get to know each business in case of an emergency. In 2018, crews completed 92 business inspections.

10. AED Grants (Automated External Defibrillators)

The District established grant funds to encourage expansion of AED's in the community. Several local businesses participated and the number of AED's in Sisters Country grew by 3 last year with a total of 25 at the end of 2018. Because of this AED Grant Program, residents and visitors are never more than two-tenths of a mile away from an AED in the City of Sisters.



Annual Awards Banquet

2017 Awards were handed out at the Annual Awards Banquet for the Fire District on March 2, 2018.

YEARS OF SERVICE AWARDS

- 5 years of service: Roger Johnson, Cody Meredith
- 10 years of service: Rob Harrison, Kirk Metzger and Nick Newport
- 45 years of service: Dave Moyer

OTHER AWARDS

- **Outstanding Partnership Award:** Oregon Office of State Fire Marshal
- **Career Firefighter of the Year:** Cody Meredith
- **Chief's Award for Excellence:** Fire Corps
- **Rookie of the Year:** Rachelle Beiler
- **Outstanding Fire Fitness:** Christi Davis
- **Resident Volunteer of the Year:** Rachelle Beiler
- **Fire Corps Volunteer of the Year:** Larry Stuker
- **Volunteer of the Year:** Jeff Liming
- **EMT of the year:** Rita Hodge
- **Firefighter of the Year:** Travis Bootes



Oregon Office of State Fire Marshal Chief Jim Walker receiving the 2017 Outstanding Partnership Award.

Community Risk & Fire Safety

Doug Green is the District's Community Risk and Fire Safety Manager and oversees the Fire Prevention and Fire Corps programs. Services to the community from these divisions include:

- Plan review for new construction to meet requirements of the Oregon Fire Code
- City of Sisters Business License Inspections.
- Commercial and Industrial Fire Safety Inspections conducted by certified Inspector.
- Fire Cause and Origin Investigations in concert with Oregon State Fire Marshal's Office.
- Wildfire Safety such as NFPA Firewise, Local FireFree & IAFC Ready, Set, Go Programs.
- Engine Company Fire & Life Safety Evaluations for low hazard businesses.
- Home fire safety consultations.
- Fire Corps Program.
- Fire safety education and public awareness programs for all ages, school, home & business.
- Fire station tours.
- Regularly scheduled CPR and First Aid classes by certified instructors.
- Child safety car seat clinics.
- Residential smoke alarm program.
- Address sign program.
- Senior Safety Program.
- Blood Pressure Clinics.



In 2018 there were a total of:

- 52** Commercial Plans Reviewed
- 44** Public Event Plans Reviewed
- 44** Business License Inspections
- 12** Final Commercial Occupancy Inspections
- 92** Engine Company Inspections

Fire Corps & Prevention/Education



Beverly Halcon is the Chair of the Fire Corps Division of the Fire District. Beverly is responsible for organizing 26 Fire Corps Volunteers and assists with Fire Corps specific projects as well as supports the Fire Prevention/Education Divisions.



Heather Miller is the volunteer in charge of the Prevention/Public Education programs at Sisters-Camp Sherman Fire District. She spends many hours educating school-age children and citizens of our community in fire prevention with support from staff & Fire Corps volunteers.

STATION TOURS & SCHOOL PROGRAMS

In 2018 we had 234 students visit for organized station tours. Ages ranged from preschool to 6th grade. We also hosted a group of 15 senior citizens for a tour and lunch, which was a great success. In the spring, volunteers and staff from the Fire District, Oregon Department of Forestry, US Forest Service and Cloverdale Fire visited 60 first graders at Sisters Elementary during Team Teaching. Students learned about matches and lighter safety and how to respond when they see a fire. An



additional 40 preschool age kids were visited in the fall at Sisters Elementary. Over 420 K-5 students from Sisters and Black Butte School Districts participated in the Central Oregon Fire Prevention Coop's Firebusters Program. Each school had over 50% participation!

SMOKE ALARMS

Documentation showed that the District received 93 requests for service of smoke alarms in the community, including homes that were visited through 3 targeted community campaigns. Volunteers and staff installed 114 battery-powered smoke alarms, of which 91 were provided through a generous grant from the Oregon Office of State Fire Marshal. We also installed 121 batteries, 14 alarms provided by the resident (typically hard-wired), and 17 carbon monoxide alarms which were provided by a grant from the First Alert/BRK company. When checking alarms for functionality, we found that 33 did not function when tested.

SENIOR SAFETY PROGRAM

The Senior Safety Committee includes representatives from the Council on Aging of Central Oregon, Sisters Park and Recreation, and staff and Fire Corps volunteers of the Fire District. One large focus of the committee is to reduce fire department responses to falls in the senior population. Falls are the leading response for EMS calls for adults aged 60 and older in the Sisters-Camp Sherman ambulance service area.

- **Grant**

The Senior Safety Program was successful in receiving a grant from the City of Sisters for the second year to fund programs developed through the committee. For the fiscal year of 2018-19, we were awarded \$1,200 for our efforts. Funds from the grant have been used for The File of Life Project, Senior Resource Guides, Fall Prevention Symposium and the Matter of Balance classes.

- **Senior Health Fair**

The 2nd Annual Senior Health Fair was held at the Sisters Park and Recreation District's Coffield Center in October. The event included 18 presenters from local physical and massage therapists, hearing, vision, foot and heart specialists, and agency representatives from the Council on Aging, Sisters-Camp Sherman Fire District and Sisters Parks and Recreation District. 99 people attended the event.

- **Fall Prevention Symposium**

In May, the committee invited the Chief of Geriatrics from OHSU and a physical therapist from Providence Health Systems to present information on how to integrate fall prevention measures recommended by the Centers for Disease Control into medical practice. 44 medical professionals from throughout Central Oregon attended the 2-hour luncheon held at the Sisters Fire Community Hall.



- **AARP Driver Safety/CarFit**

The committee teamed up with the local activity coordinator for the senior lunch program to promote AARP driver safety programs in the community. A driver safety class was held at Sisters Community Church at the beginning of the year. In addition, a CarFit event was held at the Sisters Fire Station where trained technicians assisted drivers in adjusting vehicle equipment such as seat belts, steering wheels and mirrors for proper fit. 16 people participated in the CarFit event.

- **Senior Lunch Outreach**

Committee members visited the weekly senior luncheon on a couple of occasions to present information. Fire Medic Millar spoke on the importance of monitoring blood pressure, and a Deschutes County 911 Supervisor presented information on how the 911 system works. We also used the luncheon to introduce our File of Life and Home Safety programs.

- **Matter of Balance**

This evidence-based class was presented two times at the Sisters Fire Community Hall and once at Camp Sherman. 35 seniors participated in the 8-week classes, learning exercises and building awareness to decrease fall risk. The class was also taught at Black Butte Ranch.



- **Tai Chi**

Based on fall prevention recommendations from the CDC and Dr. from OHSU, Shannon from SPRD recruited a Tai Chi instructor from Bend to teach classes through SPRD. Shannon has also partnered with Sisters Drug to present a class free of charge to the community once per week.

- **Senior Resource Guide**

The committee partnered with the Sisters Senior Alliance to develop a resource guide for seniors in the Sisters area. Contacts include resources from the Council on Aging, SPRD, fire departments, medical providers who accept new Medicare patients, and utility assistance. To date we have distributed over 750 guides in the community.

2,852 Hours
Volunteered
in 2018 from
Fire Corps!

- **Home Safety**

The home safety program was developed to bring awareness to residents of fire and fall hazards in the home. Trained volunteers visit homes to check for working smoke alarms, and to walk through the home with the occupant to look for fire and fall hazards listed on a checklist provided by the Oregon Office of State Fire Marshal. The program kicked off in September at the Senior Lunch. To date 19 people have signed up for the Home Safety inspection with 15 completed to date. The majority of the issues the committee have discovered have been fall hazards; mostly being throw rugs without rubber backings, tubs and showers without mats and grab rails for entering and exiting the showers. This program has had positive effects with our senior community. Establishing a rapport, making their homes safer, opening communications with them and the Fire Department, and making them aware of the benefits available to them in Sisters Country.

- **File of Life**

The file of life program was developed to assist responders with obtaining a patient's medical history. The form is filled out by a person prior to needing emergency medical attention, where it may be easier to recall information in a non-stressful situation. The packets are intended to be placed in an obvious location, such as a refrigerator, where responders can easily access it. The committee invited the Black Butte Ranch and Cloverdale Fire Departments to participate as well.

To date we have distributed over 500 packets in the community.



YOUTH FIRE INTERVENTION PROGRAM

The District has three trained interventionists that evaluate youth who misuse fire and establish a plan for them. Two juveniles were identified in 2018 and went through this program with the trained volunteers/staff.

BLOOD PRESSURE SCREENING

Volunteers staff a Blood Pressure Clinic at Bi-Mart on the third Tuesday of each month and also do blood pressure checks monthly at the Senior luncheon. Blood pressure readings for the year totaled 616 and of those, 50 were flagged for further follow-up.



ADDRESS SIGN INSTALLATION

Fire Corps volunteers install address signs to help crews quickly locate addresses within the fire district. A total of 45 address signs were installed in 2018.

CPR/FIRST AID CLASSES

Rick Retzman, Beverly and Ernie Halcon as well as Gail Butler and Les Schell taught 13 classes and educated 114 community members in Heartsaver CPR/AED and First Aid.

CAR SEAT SAFETY CHECKS

Three volunteers and one staff member are certified to check child car seat safety. Two clinics were held in 2018 in Sisters with 21 seat checks and 3 car seats provided to low-income families. Volunteers also participated in other regional clinics checking a total of 292 seats and providing 51 car seats to low-income families.



AED GRANTS

The District set aside grant funds to encourage more businesses in the community to purchase Automated External Defibrillators. Fire Corps member Larry Stuker led the charge and helped coordinate training. An additional 3 AED's were added to our community! Studies have shown that public AED use increases the survivability of a heart attack.

FIRE CORPS MEMBERSHIP INCREASED TO 26!

SOCIAL MEDIA

Julie Spor manages the social media for the District through the District's website (www.sistersfire.com), Facebook, and Twitter. The District's Facebook page has 2,999 followers with 397 Twitter followers. This is a quick way to disseminate information to the public in real time and the public appreciates it. There were over 304 Facebook and Twitter posts in 2018. The top five posts and people reached were:

1. Multiple small brush fires along Highway 126 (22.7k)
2. Donation solicitation mailer sent claiming to be from Sisters Fire (11.2k)
3. Brushfire near Rabbitbrush Way (10.2k)
4. Video of Fire Shelter Deployment Training (9.7k)
5. Brushfire outside of Sisters (9.2k)



Sisters-Camp Sherman Fire & Ambulance Association

EASTER EGG HUNT

Hundreds of eager egg hunters from infant to 11 years old turned out for the 40th annual Sisters Easter Egg Hunt at Creekside Park. The Easter egg hunt is co-sponsored by the Sisters-Camp Sherman and Cloverdale fire department volunteer associations. More than twenty volunteers hide 6,000 plastic eggs throughout the park for two hours. The eggs are snatched up in about five minutes.



RODEO STANDBY

District volunteers and staff stood by as backup EMS personnel and provided an on-site ambulance for the Sisters Rodeo each day of the rodeo which was held the second weekend in June.

QUILT SHOW

The entire town of Sisters was wrapped in walls of bright colors for the 43rd annual Sisters Outdoor Quilt Show on July 14, 2018. District staff and volunteers provide help in hanging and taking down the quilts. The District also staffs a First Aid booth located centrally within the City during the event. Sisters welcomes more than 10,000 visitors from all 50 states and 27 foreign countries that arrived in Sisters by tour bus, RV, bicycle, motor vehicle and even on foot to take it all in.



Fire Corps members help staff a first aid booth during Quilt Show Saturday

HIGH SCHOOL SPORTS STANDBY

District volunteers stood by as backup EMS personnel and provided an on-site ambulance for the Sisters High School home football games as well as the SALI lacrosse tournament.



COMMUNITY ASSISTANCE FUND

This fund has been set up to help members of the community who would endure a further hardship without financial assistance. Under this program, employees are allowed to spend up to \$100 to provide assistance beyond basic fire suppression and EMS. The fund has been created from non-public funds, including donations made to the District and employee/volunteer contributions. In 2018, a total of 37 individuals/families were helped with a total of \$345 in gas/food vouchers and bus tickets.

HALLOWEEN SAFETY FAIR

The District hosts an annual Halloween event including a haunted house along with many other activities for children and their families. Many District volunteers help make this event a success. In addition, it provides an opportunity to educate the public about fire safety.



Crowds gathering in the bays at 701 for the Halloween Safety Fair

SPRIT OF CHRISTMAS

The Sisters-Camp Sherman Fire & Ambulance Association and the Sisters Kiwanis Club sponsored the annual "Sprit of Christmas Giving Tree" program providing Christmas gifts to families in need in Sisters Country over the holiday season. It took many volunteers and donations to make the program a success. In 2018, 156 children received gifts with a value of over \$7,800 gifts donated. In addition, the Association received \$3290 in cash donations for this program.



Volunteers preparing Christmas Dinner for the Community.

COMMUNITY CHRISTMAS DINNER

The Sisters-Camp Sherman Fire & Ambulance Association hosts a community Christmas dinner on Christmas Day every year serving over 126 people. It takes many volunteers hours to shop, prepare, serve and clean up.



Community members enjoying Christmas Dinner.